

6.3.6 DEMENTIA SUPPORT GROUP PLANNING TEMPLATE

This template is designed to complement Tool 6.4 Dementia Support Group Toolkit. It helps communities plan, document, and sustain dementia-related support groups, from early design through ongoing operation. This template may be updated over time as the group evolves.

Instructions: Complete this template as you plan and operate a dementia support group. Not all sections need to be completed at once. Communities should adapt this template to fit their size, capacity, and support group model.

1. SUPPORT GROUP OVERVIEW

Support Group Name	Community	Group Type	Lead Organization	Primary Contact

2. PARTICIPANT IDENTIFICATION & RECRUITMENT

Target Participants	Recruitment Methods	Partners Involved	Notes

3. GROUP STRUCTURE & LOGISTICS

Meeting Frequency	Meeting Length	Format	Location / Platform	Group Type (Open/Closed)	Group Size Goal

4. FACILITATOR INFORMATION

Facilitator Name	Role / Background	Training or Experience	Contact Information

5. GROUND RULES & GROUP NORMS

List agreed-upon ground rules (may be revised over time):

- _____
- _____
- _____

6. MEETING PLANNING

Meeting Date	Planned Focus or Topic	Facilitator	Resources to Share	Notes

7. COMMUNITY RESOURCES & REFERRALS

Resource / Organization	Type of Support	Contact Information	Notes

8. PARTICIPATION TRACKING

Meeting Date	Number of Participants	New Participants (Y/N)	Notes

9. FEEDBACK & REFLECTION

What is working well?

What challenges or needs have emerged?

What adjustments are planned?

This template supports the planning, implementation, and sustainability of dementia support groups and should be used alongside the Dementia Support Group Toolkit.